

ABSTRACT OF THE DISCLOSURE

Oral phototherapy applicators are disclosed that are sized and shaped so as to fit at least partially in a user's mouth and have at least one radiation emitter coupled to an apparatus body to irradiate a portion of the oral cavity with phototherapeutic radiation in at least two separate spectral bands. In one embodiment, the spectral bands are distinct. In another, the bands overlap but provide different therapeutic effects. The apparatus can further include bristles to provide a phototherapeutic toothbrush. Alternatively, the apparatus body can be adapted for placement in a fixed position relative to the oral cavity during phototherapy.

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